



BLACKBOARD BURGERS

| | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
|-------------------------|----------|-------------------|---------------|-------------------|---------------|--------------------|--------------------|------------------|-------------|----------------|-------------------|-------------------|------------|-------------|
| The Farm Burger | 750 | 400 | 46 | 15 | 1.5 | 3.5 | 11 | 145 | 780 | 510 | 41 | 3 | 8 | 40 |
| The No. 3 - Pasture Pig | 850 | 500 | 56 | 22 | 0 | 6 | 20 | 140 | 730 | 420 | 53 | 4 | 18 | 32 |
| The No. 4 | 720 | 340 | 39 | 15 | 0 | 6 | 11 | 120 | 980 | 450 | 54 | 4 | 16 | 38 |
| The No. 5 | 750 | 400 | 45 | 20 | 1.5 | 2.5 | 17 | 150 | 630 | 500 | 41 | 2 | 10 | 42 |
| The No. 6 | 990 | 570 | 65 | 26 | 1.5 | 5.0 | 24 | 385 | 1320 | 730 | 37 | 3 | 7 | 59 |
| The Pastured Pig | 980 | 600 | 68 | 21 | 0 | 6 | 19 | 135 | 1680 | 450 | 63 | 3 | 21 | 29 |
| The Quinoa Burger | 650 | 290 | 32 | 7 | 0 | 2.0 | 2.0 | 75 | 780 | 390 | 71 | 7 | 15 | 17 |



PLAIN BURGERS

| | | | | | | | | | | | | | | |
|----------------|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|----|----|---|----|
| Beef Burger | 640 | 340 | 38 | 16 | 1.5 | 2.0 | 16 | 135 | 560 | 410 | 34 | 2 | 5 | 36 |
| Chicken Burger | 540 | 250 | 28 | 12 | 0 | 4.0 | 11 | 110 | 690 | 280 | 35 | 2 | 5 | 33 |
| Pork Burger | 660 | 400 | 45 | 18 | 0 | 5 | 19 | 115 | 560 | 300 | 35 | 2 | 5 | 26 |
| Vegan Burger | 590 | 200 | 23 | 3.0 | 0 | 2.5 | 3.5 | 0 | 780 | 560 | 78 | 11 | 8 | 20 |



BUILD IT TOPPINGS

| | | | | | | | | | | | | | | |
|------------------------|-----|-----|-----|-----|---|-----|-----|----|-----|-----|---|---|---|----|
| Arugula | 0 | 0 | 0 | 0 | 0 | | | 0 | 0 | 50 | 1 | 0 | 0 | 0 |
| Blue Cheese | 50 | 35 | 4.0 | 2.5 | 0 | | | 10 | 200 | | 0 | 0 | 0 | 3 |
| Bone Marrow | 70 | 60 | 7 | 1.0 | 0 | | | 4 | 0 | | 0 | 0 | 0 | 0 |
| Caramelized Onion Dip | 50 | 50 | 5 | 1.5 | 0 | | | 10 | 220 | | 1 | 0 | 0 | 0 |
| Caramelized Onions | 70 | 35 | 4.0 | 0.5 | 0 | 2.5 | 1.0 | 0 | 290 | 120 | 8 | 1 | 3 | 1 |
| Chili | 50 | 20 | 2.5 | 1.0 | 0 | | 1.0 | 10 | 65 | 140 | 4 | 1 | 0 | 4 |
| Chili Mayo | 180 | 170 | 20 | 2.5 | 0 | | | 20 | 200 | | 2 | 0 | 0 | 0 |
| Crispy Red Onions | 70 | 40 | 4.5 | 1.0 | 0 | 2.5 | 1.0 | 0 | 5 | 55 | 6 | 0 | 1 | 1 |
| Farm Burger Sauce | 120 | 110 | 13 | 1.5 | 0 | | | 10 | 150 | 20 | 2 | 0 | 0 | 0 |
| Feta | 60 | 40 | 4.5 | 3.0 | 0 | | | 15 | 230 | | 1 | 0 | 0 | 4 |
| Fresh Jalapenos | 0 | 0 | 0 | 0 | 0 | | | 0 | 0 | 30 | 1 | 0 | 0 | 0 |
| Ginger Aioli | 90 | 90 | 10 | 1.5 | 0 | | | 10 | 70 | | 1 | 0 | 0 | 0 |
| Goat Cheese | 70 | 50 | 6 | 4.0 | 0 | | | 10 | 130 | | 1 | 0 | 0 | 4 |
| Gouda | 70 | 50 | 6 | 3.5 | 0 | | | 10 | 270 | | 1 | 0 | 0 | 4 |
| Grainy Mustard | 60 | 25 | 3.0 | 0 | 0 | | | 0 | 400 | | 6 | 0 | 0 | 0 |
| House Pickles | 10 | 0 | 0 | 0 | 0 | | | 0 | 10 | | 1 | 0 | 1 | 0 |
| Lettuce | 0 | 0 | 0 | 0 | 0 | | | 0 | 0 | 50 | 1 | 0 | 0 | 0 |
| Local Bacon | 150 | 100 | 11 | 4.0 | 0 | 1.5 | 5 | 30 | 690 | 170 | 0 | 0 | 0 | 11 |
| Mayo | 200 | 200 | 22 | 3.0 | 0 | | | 20 | 150 | | 2 | 0 | 0 | 0 |
| Oxtail | 70 | 60 | 6 | 2.0 | 0 | 0.5 | 2.5 | 20 | 300 | 45 | 2 | 0 | 0 | 3 |
| Pepper Jack | 80 | 50 | 6 | 4.0 | 0 | | | 25 | 130 | | 0 | 0 | 0 | 5 |
| Pepper Relish | 5 | 0 | 0 | 0 | 0 | | | 0 | 10 | 25 | 1 | 0 | 0 | 0 |
| Pesto | 60 | 50 | 6 | 1.0 | 0 | | 0.5 | 0 | 85 | 25 | 1 | 0 | 0 | 1 |
| Pickled Jalapenos | 5 | 0 | 0 | | 0 | | | 0 | 45 | 25 | 1 | 0 | 0 | 0 |
| Pimento Cheese | 170 | 140 | 16 | 6 | 0 | | 1.5 | 35 | 200 | 10 | 1 | 0 | 0 | 7 |
| Pork Belly | 230 | 210 | 23 | 8 | 0 | 2.5 | 11 | 30 | 410 | 105 | 1 | 0 | 0 | 4 |
| Red Onion | 10 | 0 | 0 | 0 | 0 | | | 0 | 0 | 40 | 3 | 0 | 1 | 0 |
| Roasted Garlic | 80 | 80 | 9 | 0.5 | 0 | | | 0 | 0 | 20 | 2 | 0 | 0 | 0 |
| Roasted Jalapeno Cream | 25 | 20 | 2.0 | 1.5 | 0 | | | 10 | 65 | | 1 | 0 | 0 | 0 |



BUILD IT TOPPINGS CONTINUED

| | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
|---------------------|----------|-------------------|---------------|-------------------|---------------|--------------------|--------------------|------------------|-------------|----------------|-------------------|-------------------|------------|-------------|
| Sauteed Mushrooms | 50 | 35 | 4.0 | 0.5 | 0 | 2.0 | 1.0 | 0 | 190 | 240 | 3 | 0 | 0 | 1 |
| Smoked Paprika Mayo | 200 | 190 | 22 | 3.0 | 0 | | | 20 | 160 | 10 | 2 | 0 | 0 | 0 |
| Swiss | 80 | 50 | 6 | 4.0 | 0 | | | 20 | 50 | | 1 | 0 | 0 | 6 |
| Tomato | 5 | 0 | 0 | 0 | 0 | | | 0 | 0 | 80 | 1 | 0 | 0 | 0 |
| White BBQ Sauce | 150 | 140 | 16 | 2.0 | 0 | | | 15 | 320 | 20 | 3 | 0 | 0 | 0 |
| White Cheddar | 80 | 60 | 6 | 3.5 | 0 | | | 20 | 125 | | 1 | 0 | 0 | 5 |
| Wisconsin Cheddar | 80 | 60 | 6 | 3.5 | 0 | | | 20 | 130 | | 1 | 0 | 0 | 5 |



FARM SALADS (NO DRESSING)

| | | | | | | | | | | | | | | |
|-------------------------|-----|-----|----|-----|---|-----|----|---|-----|-----|----|----|----|----|
| Superfood Salad - Large | 590 | 360 | 41 | 4.5 | 0 | 9 | 21 | 0 | 380 | 830 | 52 | 11 | 30 | 11 |
| Superfood Salad - Small | 290 | 180 | 21 | 2.5 | 0 | 4.5 | 11 | 0 | 190 | 420 | 26 | 5 | 15 | 5 |



SALAD DRESSINGS

| | | | | | | | | | | | | | | |
|------------------------|-----|-----|----|-----|---|--|-----|----|-----|----|---|---|---|---|
| Green Goddess Dressing | 130 | 120 | 14 | 2.5 | 0 | | 2.0 | 15 | 115 | 40 | 2 | 0 | 0 | 1 |
| Ranch Dressing | 100 | 90 | 10 | 2.5 | 0 | | | 15 | 260 | 15 | 2 | 0 | 0 | 1 |



FRIES

| | | | | | | | | | | | | | | |
|--|------|-----|-----|-----|---|-----|-----|-----|------|------|-----|----|----|----|
| Add Pimento Cheese | 510 | 410 | 46 | 17 | 0 | 0.5 | 4.0 | 105 | 580 | 35 | 4 | 0 | 0 | 22 |
| Add Spicy Garlic, Herbs, And Parmesan | 60 | 30 | 3.5 | 2.0 | 0 | | | 10 | 190 | 25 | 2 | 0 | 0 | 5 |
| Add Spicy Garlic, Herbs, And Parmesan - Bucket | 110 | 60 | 7 | 4.0 | 0 | | | 20 | 390 | 50 | 4 | 0 | 0 | 10 |
| Fries | 560 | 300 | 34 | 6 | 0 | 20 | 7 | 0 | 1820 | 930 | 57 | 5 | 2 | 5 |
| Fries - Bucket | 1120 | 610 | 69 | 12 | 0 | 39 | 15 | 0 | 3640 | 1860 | 113 | 10 | 5 | 10 |
| Onion Rings | 710 | 360 | 41 | 7 | 0 | 23 | 9 | 0 | 510 | 280 | 66 | 4 | 6 | 8 |
| Onion Rings - Bucket | 1420 | 720 | 82 | 15 | 0 | 47 | 17 | 0 | 1010 | 570 | 133 | 8 | 12 | 17 |
| Sweet Potato Fries | 530 | 300 | 34 | 6 | 0 | 20 | 7 | 0 | 75 | 650 | 50 | 7 | 16 | 4 |
| Sweet Potato Fries - Bucket | 1060 | 610 | 69 | 12 | 0 | 39 | 15 | 0 | 150 | 1300 | 100 | 14 | 33 | 8 |



SIDES

| | | | | | | | | | | | | | | |
|-----------------------|-----|-----|-----|-----|-----|-----|-----|----|------|-----|----|----|----|----|
| Braised Collards | 150 | 5 | 1.0 | 0 | 0 | | | 0 | 1170 | 370 | 35 | 6 | 24 | 5 |
| Cheese Grits | 340 | 150 | 16 | 10 | 0 | 0.5 | 2.5 | 40 | 390 | 190 | 36 | 2 | 6 | 11 |
| Kale Slaw | 80 | 45 | 5 | 0.5 | 0 | | | 5 | 55 | 190 | 8 | 1 | 3 | 1 |
| Nut/seed Butter | 790 | 620 | 70 | 7 | 0 | 33 | 9 | 0 | 590 | 850 | 29 | 11 | 8 | 19 |
| Red Bean Chili - Bowl | 290 | 120 | 13 | 6 | 0.5 | 1.0 | 4.5 | 60 | 320 | 690 | 22 | 6 | 4 | 21 |
| Red Bean Chili - Cup | 200 | 80 | 10 | 4.0 | 0 | 0.5 | 3.0 | 40 | 220 | 450 | 15 | 4 | 3 | 14 |



SNACKS

| | | | | | | | | | | | | | | |
|---------------------------|------|-----|----|-----|---|-----|-----|-----|------|-----|-----|----|----|----|
| Boiled Peanuts | 650 | 490 | 56 | 8 | 0 | 18 | 28 | 0 | 6290 | 830 | 20 | 10 | 5 | 29 |
| Chicken Pot Pie Fritters | 580 | 340 | 38 | 7 | 0 | 15 | 7 | 60 | 1340 | 390 | 40 | 2 | 22 | 17 |
| FB Deviled Eggs | 190 | 130 | 15 | 3.5 | 0 | 1.0 | 2.5 | 295 | 240 | 150 | 4 | 0 | 1 | 10 |
| Fried Chicken Livers | 650 | 470 | 53 | 6 | 0 | 10 | 4.0 | 225 | 310 | 170 | 26 | 0 | 3 | 13 |
| Sweet Potato Hush Puppies | 1110 | 570 | 65 | 22 | 0 | 25 | 15 | 60 | 2120 | 560 | 118 | 7 | 26 | 15 |



LIL FARMERS (INCLUDES FRIES)

| | | | | | | | | | | | | | | |
|-------------------------|-----|-----|----|----|-----|----|-----|----|------|-----|----|---|----|----|
| Fried Chicken Lollipops | 620 | 340 | 38 | 7 | 0 | 16 | 7 | 50 | 1990 | 510 | 45 | 3 | 11 | 20 |
| Grilled Cheese | 670 | 350 | 40 | 17 | 0 | 8 | 4.5 | 80 | 1370 | 330 | 56 | 4 | 5 | 22 |
| Lil Cheeseburger | 580 | 320 | 36 | 13 | 0.5 | 7 | 9 | 75 | 1210 | 480 | 44 | 3 | 4 | 20 |



DRINKS

| | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
|----------------------------|----------|-------------------|---------------|-------------------|---------------|--------------------|--------------------|------------------|-------------|----------------|-------------------|-------------------|------------|-------------|
| Abita Root Beer | 180 | 0 | 0 | 0 | 0 | | | 0 | 15 | | 44 | 0 | 38 | 0 |
| Buchi - Fire Kombucha | 70 | 0 | 0 | 0 | 0 | | | 0 | 20 | | 16 | 0 | 16 | 0 |
| Buchi - Sovereign Kombucha | 70 | 0 | 0 | 0 | 0 | | | 0 | 20 | | 16 | 0 | 16 | 0 |
| Coke | 150 | 0 | 0 | 0 | 0 | | | 0 | 45 | | 40 | 0 | 40 | 0 |
| Diet Coke | 0 | 0 | 0 | 0 | 0 | | | 0 | 40 | | 0 | 0 | | 0 |
| Iced Tea - Sweetened | 160 | 0 | 0 | 0 | 0 | | | 0 | 15 | 35 | 42 | 0 | 42 | 0 |
| Iced Tea - Unsweetened | 5 | 0 | 0 | 0 | 0 | | | 0 | 20 | 220 | 2 | 0 | | 0 |
| Jarritos Lime | 170 | 0 | 0 | 0 | 0 | | | 0 | 40 | | 44 | 0 | 42 | 0 |
| San Pellegrino Orange | 140 | 0 | 0 | 0 | 0 | | | 0 | 0 | | 34 | 0 | 32 | 0 |



DESSERTS

| | | | | | | | | | | | | | | |
|----------------------|-----|-----|----|----|---|-----|-----|-----|-----|-----|----|---|----|----|
| Banana Pudding Shake | 700 | 260 | 29 | 18 | 0 | 1.0 | 1.5 | 115 | 290 | 250 | 96 | 0 | 82 | 11 |
| Black Cow Float | 300 | 110 | 12 | 7 | 0 | | | 55 | 85 | | 43 | 0 | 37 | 3 |
| Brown Cow Float | 260 | 110 | 12 | 7 | 0 | | | 55 | 90 | | 34 | 0 | 31 | 3 |
| Chocolate Milkshake | 460 | 250 | 28 | 17 | 0 | | 1.0 | 100 | 230 | 160 | 48 | 0 | 48 | 13 |
| Salted Caramel Shake | 840 | 470 | 54 | 33 | 0 | 1.0 | 8 | 210 | 230 | 210 | 78 | 0 | 71 | 11 |
| Vanilla Milkshake | 490 | 250 | 28 | 17 | 0 | | 1.0 | 115 | 200 | 160 | 48 | 0 | 42 | 10 |



ADULT FLOATS

| | | | | | | | | | | | | | | |
|-----------------------------|-----|-----|----|---|---|--|--|----|-----|--|----|---|----|---|
| Original Sin Cider Float | 410 | 110 | 12 | 7 | 0 | | | 55 | 85 | | 50 | 0 | 41 | 3 |
| Terrapin Chocolate PB Float | 520 | 110 | 12 | 7 | 0 | | | 55 | 110 | | 53 | 0 | 18 | 6 |
| Wells Banana Bread Float | 370 | 110 | 12 | 7 | 0 | | | 55 | 75 | | 33 | 0 | 19 | 4 |

Disclaimer Language for Posted Nutritional Information:

The nutritional information seen here was prepared by MenuTrinjo®, LLC and is based on standard serving sizes and product formulations prepared with approved ingredients. The nutritional data presented are based on representative values from the USDA Nutrient Database for Standard Reference and information from product manufacturers. Variation may occur due to the handcrafted nature of our menu items or due to seasonal influences and/or sources of supply of our ingredients. Additionally, formulations may change on occasion or the substitution of ingredients or suppliers may be necessary which will alter the nutritional values. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.